

# Evaluation of team dynamics in Norwegian projects for IT students

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## Abstract

The need for teaching realistic software development in project courses has increased on a global scale. There have always been challenges in cooperating fast-changing software technologies, development methodologies and teamwork. Moreover, such project courses need to be designed in relation to existing theoretical courses. We performed a large-scale research on student performance in Software Engineering projects in Norwegian universities. This paper investigates four aspects of team dynamics: team reflection, leadership, decision making and task assignment, in order to improve student learning. Data was collected from student projects in 4 years at two universities. We found that some leadership characteristics are perceived differently for female and male leaders, including the perception of leaders as skillful workers or visionaries. Leadership is still a challenging aspect to teach, and assigned leadership is probably not the best way to learn. Students are performing well in task review; however, they need support while performing task assignment. Our findings also suggest that task management should be done at more fine-grained levels. It is also important to maintain an open and active discussion to facilitate effective group decision makings.

## 1. Introduction

Most academic programs include at least one software engineering project course, but even today there is little consensus about what topics such a course should cover. Some project courses cover detailed aspects, e.g. programming, usability and security issues, analysis, architecture, design or work products [1]. The main goal of such courses is to have students understand the complexity of software development, have some real-life experience, and learn to work in a team [2]. The projects should be “real” in every aspect as they entail the development of an application desired by a real customer.

Project courses complements theoretical lectures in the way that students can integrate and consolidate theory and skills by applying them to the projects [3]. For students, the soft skills acquired through a capstone course are perhaps one of the greatest rewards of this academic experience. These include problem solving, communication, and teamwork skills which are becoming essential for working in the industry [5]. Team dynamics is a critical component of working in small groups, yet it often goes unnoticed in the context of software engineering education. Team dynamics has been long recognized as an important success factor in teamwork. Team members perform different roles and behaviors. Team dynamics describes the effects of these roles and behaviors on the other team members, and on the team as a whole [6]. There is an extensive body of knowledge about different aspects of group dynamics, such as task interaction, relationship interaction, decision making, conflict management and group performance [7].

This paper reports our experience with student team dynamics in capstone project courses at Norwegian University of Science and Technology (NTNU) and University of South-Eastern Norway (USN). The data were collected from the course academics, student assistants and students using various instruments, such as questionnaires, interviews, reflection reports and workshops. In this research, we investigated students’ perception of team dynamics and their concerns with four aspects: teamwork, decision-making, leadership, and task assignment. Our research questions are:

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***RQ1: How do students perceive team dynamics at the end of their capstone projects?***

***RQ2: What are the challenges in regard to team dynamics in capstone projects?***

There is a large body of knowledge about issues and challenges pertaining to team project courses in computing education [3,8,9,10,11] and problem- and project-based learning in general [12,13]. With the focus on team dynamics, our study contributes to the current understanding about capstone projects in Software Engineering and particularly in the context of Norwegian education. We combined both quantitative data (for answering RQ1) and qualitative data (for answering RQ2). This is one of the first studies in Norway that adopts a mixed research method to study team dynamics in Software Engineering projects. The quantitative results from two universities can be used by other Norwegian universities that share the same context, to benchmark student activity. The results also have direct implications for course design, by suggesting a better way of organizing and lecturing task assignment, leadership and decision making practices. The paper is organized as below. Section 2 presents related work. In section 3 we present our research methodology. Section 4 describes the settings of the courses as they were conducted in the two universities. In section 5 we present the results. Section 5.1 presents the result of the survey that addresses research question RQ1; while 5.2 presents the qualitative result addressing RQ2. Section 6 concludes the article discussing the results.

## **2. Related work**

As a foundation for our research, we present research about team dynamics aspects, such as team reflection, task management, decision making and team leadership. **Team reflection** is defined as “*the extent to which team members collectively reflect upon the team’s objectives, strategies and processes*” [17]. Team reflection is achieved when the team members ask questions, review solutions, challenge a solution and criticize a decision, being open for alternatives and suggestions. Reflection is often done at retrospective meetings in Scrum teams. In our courses, we highlight the role of retrospective meetings as a part of the course evaluation.

Vanhanen et al. identified **task management** as one of the areas where students struggle in their projects. Two of the most common problems related to task management were: i) started tasks remained uncompleted, and ii) tasks were planned in a vague manner [5]. Task assignment is an important task in the team. Igaki et al., describe the inequality of task assignment in a scrum student team as a challenge that makes the project assessment difficult [19]. Team effectiveness depends fundamentally upon how well team members can coordinate their actions. The factors that complicate task effort estimation can also complicate planning specific tasks, and if tasks are not specific, they are also more difficult to complete. Tasks remaining open may also indicate lack of effort invested in the project. We have often seen that students, and even whole teams, increase their weekly effort only close to the end of each phase or the end of the project.

Most research conducted prior to 1990s distinguished between two approaches to **leadership**: task-oriented style, defined as a concern with accomplishing assigned tasks by organizing task-relevant activities, and interpersonally oriented style, defined as a concern with maintaining interpersonal relationships by tending to others’ morale and welfare [20]. Compared to industrial placement the learning in a capstone project is higher, as the students can get involved in more phases and have greater roles than in an

industrial placement. Even though it might seem a bit hard for a leader of the capstone project to get his/her team motivated when the expectations and effort varies widely in a student team, the leadership position is still rewarding. Vanhanen et al. report that students working in the managerial roles on the average, learned quite a lot about software engineering topics compared to the developers who learned moderately [5].

Participative **leadership** was positively associated with the process of team reflection for highly functional heterogeneous teams [18]. Heterogeneous team is a team where the members have different levels of skills, knowledge and abilities. However, in case of a homogeneous team where the members have similar levels of background knowledge and skills, directive leadership instead of participative is desired for invoking team reflection. One important role for the participative leader in heterogeneous teams is to help team members translate the advantages of heterogeneity, such as the variety of professional backgrounds, knowledge, skills, and abilities, into significant processes of questioning, reviewing, and exploring [17]. In homogenous teams, because of the similarity of the members questioning, reviewing and exploring does not happen naturally, therefore, a directive leader can introduce them by enforcing.

### 3. Research methodology

Research design was conducted in 2015 for research-informed teaching approaches in customer driven project courses. We collected various data about (1) leadership, (2) female participation in projects (3) team dynamics. The study was first conducted in the context of course TDT4290 Customer Driven Project at NTNU. The course has been taught since 2011, in which students in their fourth year need to develop a software product/service for a real customer. The second course is PRO1000B, which is taught for 1<sup>st</sup> year students at USN), where students also work for a real customer in making a prototype demonstrating their business ideas.

Data collection was done from Aug 2015 to Mar 2018. Various instruments were used to collect data about how teams perform during their projects, including project plans, final reports, supervision meeting notes, interviews with team leaders, and team reflection survey. In this study, we used two main instruments that reflect team dynamics, namely reflection survey and final reports.

- 1) We designed the team **reflection survey** to collect team's perception of their own team dynamics. The survey used a five-point Likert scale to collect leaders and team member's opinions about (1) their own performance, (2) collective decision making, (3) team leadership, and (4) task management practices.
- 2) Each team delivered a 150-200 pages **final project report** describing project planning and management, product requirement and architecture, testing and delivery. The final part of the report focused specifically on team reflection on project mandate, teamwork and supervision.

Table 1: Project course setting

Course	Year	No. Groups	Student background
<b>TDT4290</b>	2015	12	4 <sup>th</sup> year students from Information Technology,
<b>TDT4290</b>	2016	13	Computer Science, Erasmus students, ...
<b>TDT4290</b>	2017	14	
<b>PRO1000B</b>	2018	11	1 <sup>st</sup> year students from IT, Marketing, etc.

We provide a statistical description of feedbacks from 36 students groups (total 163 students, N=163). The survey includes 18 questions with a 5-point Likert scale (strongly agree - strongly disagree). Each question has a N/A (Not applicable) option if students do not experience the asked situations. For each group we compute median values of all group members to represent the group dynamics. Then we describe the answers of group feedbacks using boxplots. We also perform two-tail t-test to see if there are different perceptions among students who belong to categories of different universities, study year, and leader's genders.

While the survey provides an overall assessment of team performance, they do not provide details on areas of improvement for the students. To provide this, we complemented the survey by investigating student reflection reports. We performed a tailored thematic analysis [14], a qualitative approach for analyzing data from interview transcripts, observation notes and documents. We extracted text from student reports about team dynamics, especially about team decision making, leadership and task management. The texts are labelled and put into either of three investigated categories. It is noted that not all the groups reported on these aspects of team dynamics, hence we do not do a cross-team comparison. In the end, a list of possible challenges was created as a thematic map.

#### 4. Course setting

The two courses were designed in a similar manner, including five elements (1) Customer, (2) Team Assignment, (3) Grading, (4) Supervision and (5) Established Software Development Paradigm. In both courses, we invited developers, managers and entrepreneurs from companies and research institutes to be **customers**. Most of them had ideas or ongoing project that needed some research or development tasks. During the projects, each customer actively participated in the requirements definition as well as monitored the project progress. The customer also had to prune the scope of the project to fit the number of working hours students could spend on the course.

Students were **assigned** in project groups of 6-8 students. At USN, we adopted a self-selected team approach, which allowed students to have more control over project development. At NTNU, we adopted both random assigned and instructor selected groups. Random assignment creates groups where the members generally do not know each other beforehand. The project work **grading** was based on the quality of the project report, the functioning prototype of the system, and the presentation delivered at the end of the course. The team dynamics also had an impact on the final grade.

Each team was assigned a **supervisor**, who assisted the team throughout the courses. The supervisor helped with pedagogical concerns, facilities for project execution, concerns with team and customers and probably technical issues. The courses maintained a regular supervision meeting to discuss current matters for the teams and to update status. Supervisors also helped with evaluating team performance at the end of the courses.

Students were introduced to fundamental **software development life cycles**, namely Waterfall, Iterative development, Agile and Lean Startup. In general, prior to the course, students had learnt about software engineering processes and practices. At NTNU, students were free to choose the methods that fit their projects. In some cases, the development approaches were enforced by customers, due to the existing working process they adopted in their organizations. At USN, the students were guided to apply Scrum in

all groups. A series of lectures about Scrum development was given in the early phase of the course.

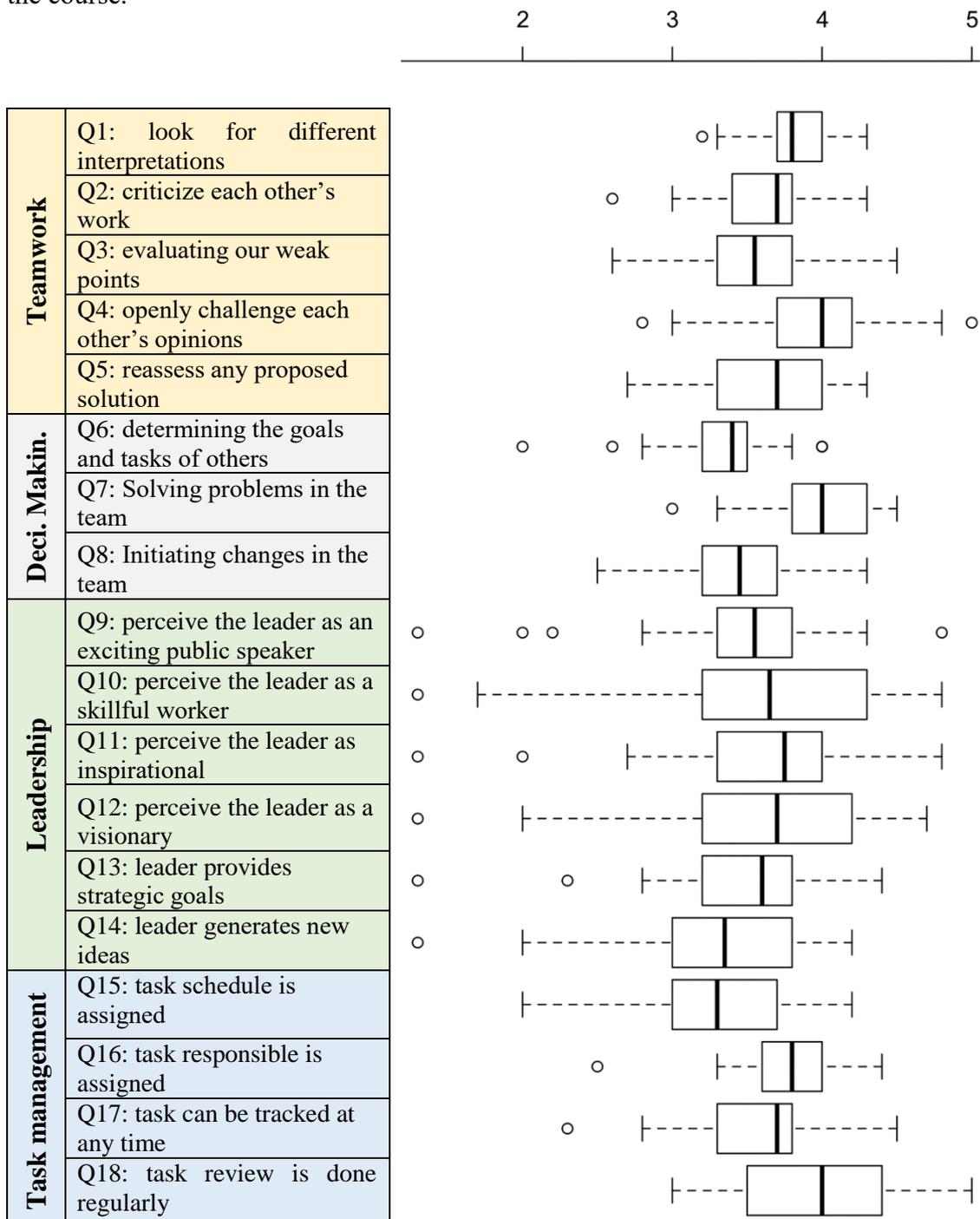


Figure 1: Boxplots of student rates on team dynamics

## 5. Result

### 5.1. RQ1: How do students perceive team dynamics at the end of their capstone projects?

We provide a summary of mean values for each question rated by students as in Figure 1. The top three items that gain the highest student rates are Q1, Q4 and Q18. Students believe that they propose more than one alternative for a problem to discuss, which

reflects an open environment for discussion. Students also feel that they are free to criticize other opinions. Among task management practices, task review is perceived to be performed best. The three items that have lowest rates from students, are Q7, Q15, and Q16. Students feel that they are not confident with problem solving skills. Moreover, they have challenges with assigning time and responsibilities for project tasks.

Regarding leader's gender, we identified four aspects where gender influenced the team dynamics (Q3, Q10, Q12, Q18). In particular, female leading teams perceived differently than male leading teams in regard to how they evaluate team member's weakness, how the leaders are perceived as skillful workers or as visionaries, and how the teams perform task review.

Figure 1 also shows the elements that have largest variation in students' opinions. These all concern reflection about leadership: Q10 (perception of a leader as a visionary), Q12 (perception of a leader as a skillful worker) and Q14 (perception of a leader as an exciting public speaker). The most stable elements are student's ability to look for different interpretations and to evaluate their weaknesses.

Each team is characterized by their location (USN or NTNU), their leader gender (male vs. female) and their course year (2015, 2016 and 2018). We adopted two tailed t-tests for all survey questions (from Q1 to Q18 as shown in Figure 1) to compare the features of students in different categories.

The t-test with significant p-value at 95% is described in Table 2. According to t-test results, there is a significant difference in how students evaluate their weakness (Q3) between USN and NTNU courses, with the mean value of USN students (3.24) slightly smaller than of NTNU students (3.57). Two aspects of team decision making, namely ability to determine others' tasks (Q6) and ability to solve problems (Q7), are perceived differently between study year 2015 and study year 2016. These are decision of goals and task for other members (3.46 vs. 3.05) and solving team problems (4.1 vs 3.8). Overall the performance of students in regard to Q3, Q6, Q7 is slightly better in NTNU than the ones in USN.

Table 2: Comparison across course year, campus and leader gender

<b>Hypotheses</b>	<b>Survey Ques.</b>	<b>P value</b>
Students in USN and NTNU perceived their team dynamics differently	Q3	0.0256
Students perceived their team dynamic differently among 2015, vs 2016 at NTNU	Q6	0.0171
	Q7	0.0461
Students perceived their team dynamic differently among female-leading team and male leading team	Q3	0.0136
	Q10	0.0500
	Q12	0.0487
	Q18	0.0434

## **5.2. RQ2: What are the challenges in regard to team dynamics in capstone projects?**

Figure 2 describes a thematic map of the list of concerns regarding students' reflection about team dynamics. We present the different concepts in sections below.

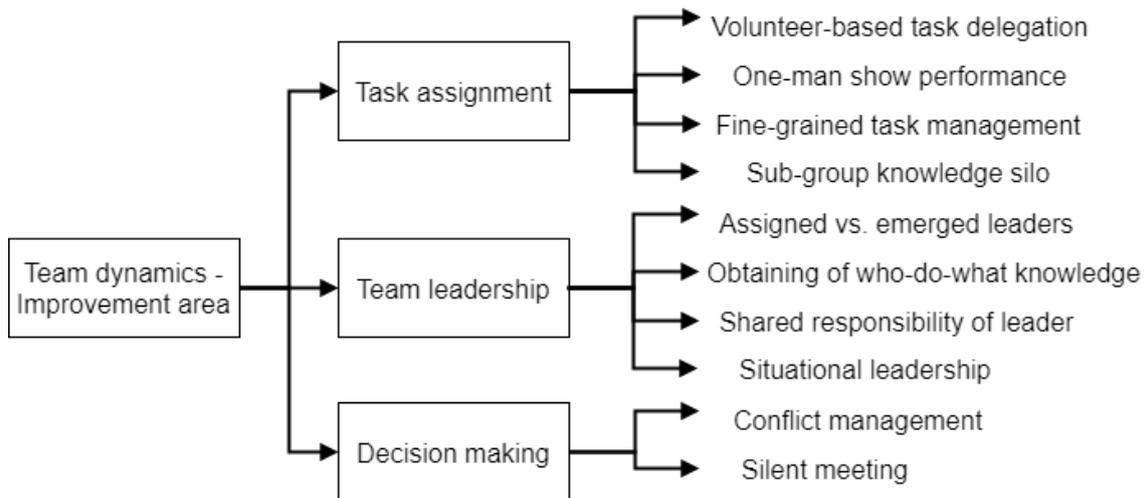


Figure 2: Thematic map of team dynamics concern

### 5.2.1. Task assignment:

**Volunteer-based task delegation.** Students understand the importance of planning and delegating work for ensuring an internal workflow. Teams commonly assign themselves to tasks based on volunteering. As mentioned by one team: *“Among the many things that went well in this project was the division of tasks between members. As mentioned, everyone had different experiences and interests, and the team tried to delegate tasks fairly so that everyone got to work on something that they were interested in. The team also took the time to make sure that everyone was happy with the tasks they were assigned at the beginning of a sprint.”* (NTNU15G04). Teams evolve into a set of functional roles, as stated by another group: *“Members were encouraged to focus on tasks they were good at, to increase efficiency and productivity. This led to some members working a lot more on the report than on development.”* (NTNU17G01). The concern here is that some students will only learn a few skills. For instance, some students may feel comfortable with documentation, writing emails, and contacting customers, but will have less chance to acquire technical knowledge. Other students, who may focus on coding, will less likely be involved in customer meeting, and market research.

**One-man show.** The balance of teamwork can be affected by a “star” in the team. A student group mentioned: *“We were afraid that the people that were experienced, with the technologies we decided upon, would start setting up the system and implementing features on their own. That could lead to other members being demotivated. One of our team members knew a lot about our technologies. However, after slightly mentioning the concern discussed here, our knowledgeable member was more than willing to spend time to help us get to know the technologies ourselves”* (NTNU15G05). We observed that there is always a role of “technical expert” in a project team. There is a risk associated with the knowledge gap between team members: *“The different skill levels with the chosen technology going into the project led to a bit of pair programming and tutorial-like workshops, especially in the beginning of the project. At times it could take too much time from someone got stuck on a task until it was reassigned or finished with help”* (NTNU17G03). Managing communication between this member and the rest of the team is important for moving from a toy exercise to an actual collaborative work.

**Fine-grained task management.** Team members might not deliver results on-time due to many reasons, such as sickness, deadlines from other courses, travels, etc. This could be a critical issue for inter-dependent tasks. Tasks like coding, for instance, might need frequent synchronizing of tasks. Taking a look at the quote from one team report: *“During the project we noticed that instead of having a general deadline at the end of the sprint, having deadlines for tasks during the sprints made a big difference in our productivity. By using specific deadlines tasks got done evenly through the sprint and not at the last couple of days, which meant that we had more time to test the whole product before sprint reviews. By distributing tasks throughout the sprints, we also spread out the pull requests which resulted in less merge conflicts.”* (NTNU17G09). We recall many circumstances where students needed to wait for several weeks to get into the next steps of their projects due to a deadlock wait for a task to be completed. While the reasons might be external dependencies, like hardware and device dependencies, in general there should be a better approach in dividing and managing such tasks.

**Sub-group silo.** There is also a common practice to maintain functional sub-groups: *“We believe it was necessary to divide into sub-teams in order to complete the different parts of the project. Having everyone involved in all the different parts would incur too big of an overhead, because many of the technologies took significant time getting into”* (NTNU17G09). This is observed in several groups: *“Even though some team members have preferred to work individually, the collaboration within the group divisions have worked well.”* (NTNU15G01). More frequent meetings can be hosted in sub-teams and require fewer meetings for the whole team. Without a proper adoption of project management tool, we found that a team member in a sub-group might not be aware of who-do-what knowledge in other sub-groups.

### 5.2.2. Leadership:

**Assigned vs. emerged leaders.** At NTNU, for the courses in 2016 and 2017, we assigned a leader for each team. Although this could reflect a real-world situation where students could be put into an on-going project, this generated some challenges in the course context. In many cases, the assigned leaders did not express a clear responsibility: *“The fact that we could not control who became the leader of the project was a bit strange. In a group dynamic this can be very damaging for collaboration. If the leader is not invested enough in the project, or very uncomfortable it might damage the process aspect of the project.”* (NTNU17G06). *“... The team believes that it might be better to allow the groups to decide how to choose their leader themselves next year, although this method has its drawbacks as well.”* (NTNU17G09). In team NTNU17G07, it appeared a role of an emerged leader, who influenced the team’s decision-making, task assignment and collective problem solving. In this case, the emerged leader participated in leadership meetings instead of the assigned leader. The issues of assigned vs. emerged leadership do occur in case of autonomous teams as well. Team USN18G05 initially agreed on one team member to be the leader. The initial leader, with an authoritarian style, established team contracts, meeting schedule and contact to customers. Later on, the team was more influenced by another technical leader, who also acted as a Scrum Master. The team adopted the Scrum approach and relied less on mechanistic task assignment.

**Obtaining of who-do-what knowledge.** Many students have their first-time experiences of being leaders. Most of the leaders in the first Sprint had difficulties understanding task flow and team responsibility: *“In the beginning the leader did not follow up enough; asking members what they were working on, how it was going, if they needed help or new*

tasks. This reasoning is based on different perceptions between us, where the leader expected the members to take initiative to provide a status update, whereas the members expected the leader to follow up” (NTNU17G09). Some teams did not utilize project management tool, such as Trello or Jira, effectively for visualizing project progress.

**Shared responsibility of leader.** One team reported a risk of unfulfilled leader’s responsibility leading to teamwork delay: “As a practical note, the team should have appointed a vice-leader in case the team leader became indisposed. This turned out to be an issue when the team leader became ill with pneumonia. Her absence meant that the team’s communication with the customer and communication within the team took a hit during that period” (NTNU17G07). In team USN18G04, the team leader quit the project after five weeks, leading to a significant impact on team progress. The leader was responsible for contacting customers and maintaining the collaborative workspaces. Not all of this information was transferred to other team members.

**Situational leadership.** According to the theory of leadership, the leadership style, which is fitted to a task context, will provide the best team performance [15]. Students work on different projects with different level of requirements clarity, task dependencies, and portion of research [16]. Besides, different teams have their own characteristics, such as the familiarity among team members, control and coordination mechanisms [16]. Even though we have not gathered sufficient data about task context at this stage, we can hypothesize that the leadership style should be situational in reflecting the team and task situation. Hence, assigning a team leader with a task-oriented styles to a team that lacks task structure might be a challenge for the team.

### 5.2.3. Decision making:

**Conflict management.** Decision making practices are directly influenced by leadership styles. Individuals would either identify a team leader, who has a final word, or else claim that their team has no leader and every member has an equal role in guiding team decisions: “If a decision was to be made by a vote, the group leader had a double-vote during ties. This was to ensure that a decision was made even if there were to be a tie, as there was an even number of group members”. (NTNU15G12). When asked how their team made decisions, many participants described a very democratic style of decision making in which each member had a voice, all opinions were respected, and the group made decisions together. A threat for democratic team is conflicts among team members. The most problematic conflict is probably member commitment. Conflict of priorities between the team member’s personal tasks and group work makes it difficult for members to commit and deliver the promised results. Teams that successfully managed conflicts would perform a good team dynamic: “If there was ever a disagreement or any specific cases to discuss, this was always brought up in the meetings. Usually critiques or other feedback about the group dynamics were given in retrospective meetings. This strengthened the teamwork and gave each member something to improve on for both this specific project, but also an experience for later projects” (NTNU17G02)

**“Silent meeting”.** It is important to establish an open environment where team members can throw their opinions on the table: “Different ideas and thoughts were well received by everyone on the team, which helped to create open discussions and a safe environment to share opinions.” (NTNU17G09). One way to trigger discussion and idea generation is to assign roles for each team members: “At the start of the project the group decided to assign roles to the various team members in order to ensure that the project would

*proceed as planned... Being liable for a part of the project gave the responsible individual an incentive for ensuring that the necessary work was done, and that tasks were delegated as needed?*

## **6. Discussion and Conclusions**

Team work is one of the prime software engineering concept that a student learns from a capstone course. Good team dynamics are directly related to project success and customer satisfaction. To teach the students team dynamics, it is important to find out what constitutes team dynamics. Team dynamics can vary based on context and locale. In this paper we have identified the components of team dynamics from the literature and gained an insight into the team dynamics in context of two Norwegian universities, from a survey and student reports. Several findings are observed:

- There is a large variation in perception of leadership and leadership styles among students.
- Some of the leadership characteristics are perceived differently for female and male leaders, including the perception of leaders as skillful workers or visionaries.
- There might arise issues of acceptance among group members in cases where the group leader is assigned by some external rather than being chosen by the group members themselves.
- In task management, doing task review regularly is well perceived by the students, however, task assignment needs further care.
- Fine-grained task management is more suitable than sprint-based milestones.
- Maintaining an open and active discussion facilitates effective group decision making.

Several of our findings are in line with or match with other findings from the literature. For example, emerged leaders tend to perform better than assigned leaders, increasing the overall team performance. We also find that students are in general pleased with project-based courses due to their learning and simulated real world experiences [2, 5]. Task assignment is still a challenge for students [19]. We found that there should be a complementing mechanism, besides sprint planning, to support students assigning and managing tasks. While the importance of leadership is recognized by others [5, 17, 20], we found that there should be more focus on teaching principles of situational leaderships to the students.

The results of this study can be used to improve project courses involving real customers. The survey result identifies areas that students are not confident with, i.e. task assignment and leadership. We suggest that our findings, and relevant findings from literature, should be presented to future students in order to make them aware of possible threats. We also suggest that course supervisors should survey students' working styles and previous knowledge and experience in teamwork. Information about customers' projects should be analyzed and categorized based on their task clarity, difficulty and level of customer involvement. This information would assist the team when assigning a team leader, and facilitate better team learning. Moreover, in connection to the theory part of such courses, we suggest that development paradigm should be taught thoroughly. Hands-on exercises for collaborative practices, i.e., task assignment, effort estimation, etc. would be beneficial for many course scenarios.

There are some threats to validity that deserve some discussion. A threat to construct validity is the relation between theory and our observation [4]. Our data were collected in several ways, i.e. surveys, interviews and supervisors' observation notes. The data collection instruments were based on existing research, which ensures our credibility. Team dynamics includes many aspects that we do not focus on, i.e. team communication, team culture, team cohesion and social identity. We limited the scope of this study on four aspects, team reflection, decision making, task management and team leadership. A threat to external validity concerns how we can generalize our findings. The challenges that we have identified about students' learning in the software development project course are similar to the challenges mentioned in literature.

As the study was conducted in more than one university, we believe the result can be applicable for European universities' programs with similar settings. One issue with settings of the study is the difference of students' skill level and experience with programming for the two universities. As the study years of the students are different, in one university they are first year students while in the other they are in their 4<sup>th</sup> year, they might differ significantly in handling the assignments and comprehending the problems. The skill level differences have direct relations with level of completeness and the size and complexity of the end product developed by the team. However, we argue that the problems faced by the teams are still similar in nature and scope in relation to team work and team dynamics.

This study presents an initial step for a mixed research approach to studying student software projects. Further steps would include more data from other courses to confirm our findings. The study barely touches the concept of gender participation in software projects. Our next work will report the understanding of female participation and leadership in this context. A comprehensive investigation of team dynamics' aspects will generate a guideline for students and curriculum design.

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